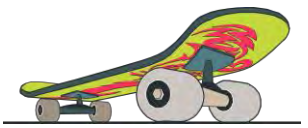
Short Breaks Update e-newsletter

Part 2 – Regular Activities

P1	Title page
P2-15	Stay & Play sessions
P16-17	Library Lego Clubs
P18	Science Oxford Centre
P19	Relaxed Leisure @ The Light
P20	Oxon Inclusive Choir
P21	Soundabout
P22	Virtual Rainbows, Brownies...
P23	Thomley Youth Club
P24	Guideposts Friendship 4 All
P25	Beautiful Minds Drama Club
P26	Art & Film Making workshops
P27	Art classes
P28	Family Doodle Club
P29	Gymnastics
P30	Ice Skating
P31	Fight Back Crew, Banbury
P32-34	The Engine Shed Reading
P35	SEN skateboarding
P36	Tae Kwon Do
P37	Crazy Crabs Swim School
P38	Drum Lessons
P39	Chess Club - Faringdon
P40-46	Dance & Discos
P47-51	Better leisure activities
P52	Wheels for All, Witney
P53-54	Boccia
P55	Super 1s cricket
P56-60	Rugby
P61-72	Futsal & Football
P73-76	Trampoline/Rebound sessions



Please do check directly with each provider to ensure the activity is running before attending!

Contact details:- Pauline MacKinnon - 07554 330244
Email - shortbreaksfordisabledchildren@oxfordshire.gov.uk

**** If you'd like to receive these newsletters, please email us! ****

Spaces are limited so please book if you wish to attend!

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ. Tel:- 01295 276769; community@sunshinecentre.org; www.sunshinecentre.org

Sensory Fun

Sensory Stories & Messy Play

Group sessions for children aged 6-18 months.

When? Mondays, 9:30-10:15

Where? Scout HQ, Springfield Road, Wantage OX12 8ES

£10 per child, per session

Developing communication and interaction through play and sensory exploration!

DANDELION
THERAPEUTIC SUPPORT

Calling Wantage and surrounding areas!!

Would your little one enjoy sensory stories and messy play sessions?

We've lowered the price; now just £10 per session and sessions are run by one of our amazing Speech and Language Therapists. Tea/coffee if needed!

Book your place now, don't miss out!

For more information or to book - office@dandelion-ts.com

Supported by Jigsaw Oxford - https://www.facebook.com/JigsawOxford
* Please book in direct with activity provider! *

Witney

LITTLE EXPLORERS, BIG ADVENTURES

SENSORY FRIENDLY

Toddlers World at Windrush Leisure Centre is for children aged 6 months to under 5 years old, accompanied by a parent or guardian. This sensory-friendly session features a quieter atmosphere, reduced capacity, and equipment designed to cater to all children's needs.

When: Every Wednesday
Time: 11am - 11.45am
Where: Sports Hall

Scan the QR code for more information

Discover more

WEST OXFORDSHIRE DISTRICT COUNCIL

BETTER

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398

For more info or to book - Soft Play | Windrush Leisure Centre | West Oxfordshire | Better

Millets FARM CENTRE

Sprouts Play Barn SEND Sessions

Our SEND sessions will be held on the first Thursday of every other month, from 3pm – 5:30pm.

*** Next session will be on 3rd September ***
SEND Event at Millets Farm Centre
https://www.milletsfarmcentre.com/sen-spring-events/...

No need to book, just turn up!

The Dovecot Centre is on Nightingale Avenue, Oxford, OX4 7BU.
All welcome! For more info - jigsawoxford@gmail.com

NEW

Guide Dogs

Guide Dogs My Time to Play

Come and join a group of families in a supportive group setting for a programme full of fun, led by our Habilitation Specialists.

Do you have a child with sight loss under the age of 4?

Join us at our Guide Dogs My Time to Play sessions for children with sight loss aged from birth to four to help develop a broad range of skills through play in a welcoming group setting.

The sessions are designed to build your child's confidence and encourage them to use their non-visual senses. Each session is based around a sensory story and includes songs, movement, and related activities.

Dates:
Thursdays:
15th October
29th October
12th November
26th November
10th December
7th January 2027

Time: 10:30am - 12:00pm

Age: 0 - 4 years old

Cost: Free

Venue: The Playroom, District Community Centre, Gentian Mews, Didcot, Oxfordshire, OX11 6GR.

If you would like to attend our Guide Dogs My Time to Play sessions, please call us on 0800 781 1444 or complete the online enquiry form to register your interest. If you need further information, please don't hesitate to contact us.

Telephone: 0800 781 1444
Email: information@guidedogs.org.uk

We ask you to register with us first & to do so either call us on 0800 781 1444 or fill in the online enquiry form - https://www.guidedogs.org.uk/getting-support/getting-in-touch-form/

Returns Friday 4th Sept

SEN SQUIRRELS

Drop-in group for children with additional needs and their families (with or without a diagnosis), and also families wanting a quieter session!

£2

CRAFTS QUIET ROOM BOOK CORNER
OUTDOOR PLAY SENSORY TOYS SNACKS
TEA & COFFEE SINGING-TIME FRIENDS!

Fridays
10am-
11.30am

St John's
Hall
Broadway

email: kidlington.communityhub@gmail.com
www.facebook.com/kidlinksuk
www.kidlinks.org.uk

Please note: The age range is a rough guide as we know that age isn't always a determining factor for a child's needs or abilities when it comes to SEN, so please feel free to get in touch with us if you are unsure.

kidlington.communityhub@gmail.com www.kidlinks.org.uk www.facebook.com/kidlinksuk

Full dates, details, contacts and registration at www.cafelias.co.uk/pop-ups

Botley Bridges
Family Stay & Play

FIRST SATURDAY
OF EVERY MONTH
10:00AM - 12:00PM

Botley School, Elms Road, Oxford, OX2 9JZ
(car parking available)

Suitable for 0 - 8 year olds

No need to book just turn up

Outdoor & indoor play
Arts & crafts
Construction
Bikes

Suggested donation £5 per family
(includes drinks & snacks)

Mums, dads, grandparents, aunts & uncles - all welcome!

Led by Hayley Hayle
For more information, visit botleybridges.org Registered charity number 1172139

Botley Bridges
Supporting local families

A stay & play session for families with children with additional needs. Suitable for children of primary age & below. Safe, secure and informative session.
Meets once a month on a Saturday @ 2pm-3pm. Whole family welcome!

At Wigod Way Wallingford Family Centre, Wilding Road, Wallingford, OX10 8AJ

** Session is free but spaces must be booked as numbers are limited **

To book - SEN session - Wigod Way Wallingford

Places are free but as we are a charity, donations are welcome and can be made during the session if you are able.

To book - GLL Better SEND Play session Witney or pay on the day!

**** Also, Toddler World Sensory Friendly (6mths to under 5yrs) with parent or guardian – also on Sunday morning, 9.30am-10.30am. Quieter than other sessions with reduced capacity. To book - https://www.better.org.uk/leisure-centre/west-oxfordshire/windrush-leisure-centre/soft-play**

FAMILY PLAY SESSIONS

We are open weekdays, weekends and during school holidays to deliver sessions for the whole family.

At these sessions we offer a variety of activities depending on the children booked in.

Where: A Place to Play, Lower Way
Thatcham RG19 3RR

Sessions are £6 per family.

For more information contact office@swingsandsmiles.co.uk

Charity number: 1120598

For more information, contact office@swingsandsmiles.co.uk

Witney

Lego club

The Library Witney

OXFORDSHIRE COUNTY COUNCIL

Lego Club runs every Wednesday display for the week. (term time only) from 3:30pm - 4:30pm. Suitable for over 6s but we will also have some Duplo out for younger fans!

This session does not need to be booked and is free to come along, but all children must have a responsible adult with them at all times throughout.

There will be a theme every week, and any models built to the theme will be added to our book display for the week.

Happy building!

What could be better than crates full of Lego bricks?
A dream come true.

Come and join us - this free session runs every Monday during term-time from 4-6pm at Wantage Library.

No need to book but parents must supervise their children!

Come along. Think big. Build bold.

Science Oxford Centre

Family Days every Saturday

Family Days
Exploration Zone with 20+ hands-on exhibits

Next sensory friendly 3rd October 2026

Monthly STEM CLUBS Ages 5-12

Creative Computing, Science & Nature Clubs

Book ahead

scienceoxford.com
Science Oxford Centre, Quarry Road,
Headington, Oxford OX3 8SB

To find out more - https://scienceoxford.com/whats-on/

The Light in Banbury offer some relaxed leisure sessions as well as sensory friendly cinema viewings. These are:-

* Relaxed bowling - every Sunday morning between 9am-10am. No music, lights are at a minimum on the bowling lanes, arcades are turned off.
* Relaxed climbing session - every Thursday afternoon at 4pm. These are quieter and slower paced sessions in smaller groups for those with sensory needs.

To book or find out more, please go to the website - The Light Banbury or you can pop in and book in person if you prefer.

** The Light is located in Spiceball Park Road **
Banbury, Oxfordshire, OX16 2PA

Oxfordshire Inclusive Choir

Meets on Thursdays @ 5-6 pm fortnightly online with one face-to-face session per school term

By welcoming all voices, we aim to be as inclusive as possible, actively trying to remove barriers to participation from those with severe and profound learning disabilities.

Register here:

Oxfordshire Inclusive Choir | Oxfordshire County Council

oxfordshire music hub

Supported using public funding by

Department for Education | ARTS COUNCIL ENGLAND

OXFORDSHIRE COUNTY COUNCIL

Oxfordshire County Music Service have an Inclusive Choir for pupils with SEND. If you are interested in joining or have would like any further information please contact us via our website at - Oxfordshire Inclusive Choir

soundabout

Sounds Together sessions are a chance to make music with others in local community spaces. Sessions are facilitated by two specialist Soundabout practitioners. The music evolves around the interests and choices of the group with playfulness/fun, choice making, self-expression, and connections with others at the heart of it all.

Did you know that Sounds Together Birmingham and Didcot (Oxfordshire) in-person sessions now run two groups? They start with an early years group for children aged 0-5 years old, followed by an all ages group! And to top it all off, both groups get the chance to say hello to each other over a cuppa in the middle!

Plus both venues have Changing Places Toilets on site! Why not give it a try?!

Find out more: https://www.soundabout.org.uk/music/sounds-together/

Short Breaks Update for Families with Disabled Children and Young People

To find out more, please email:-
connectdistrict@girlguidinglaser.org.uk

To sign up for info session:-
Sign up - Girlguiding Connect

** Next sessions - 10th & 24th Sept **

Youth Club

FIRST SESSION FREE

For ages 13 and over every other Thursday, from 6:30pm - 8:30pm

£6 per session to attend or £5 if in receipt of benefits

Parents remain on site whilst the session takes place

For the latest session updates keep an eye on our Instagram page: Thomley_

To book youth club, please go here -
https://thomley.digitickets.co.uk/category/73702

New Club
Friendship 4 All Oxfordshire

A club for adults with learning difficulties looking to make new friends in a safe environment.

3rd Thursday of every month
Online and in-person activities

Contact for more information:

oxfordshire@guideposts.org.uk

01993 893560

www.guideposts.org.uk
Registered Charity No. 272619

Support your way Guideposts Trust

If you or someone you know would benefit from this group, contact us via oxfordshire@guideposts.org.uk or 01993 893560

Come and join our friendly, welcoming community. Break out of your shell, have fun, make friends and take part in shows. Parents and carers are welcome. The first session is a taster session and is free; £10 per session after that, pay at the session.

If you would like to put your name on the waitlist or have any questions, please contact info@13ththeatreco.co.uk

Free Creative Workshops for Learning-Disabled Adults!

Join Shadowlight Supported Studios for inspiring, hands-on sessions in art, photography, and filmmaking - all led by professional artists!

Venue - Film Oxford, 54 Catherine Street, Oxford, OX4 3AH

Get the full schedule and find out more - shadowlightartists@filmoxford.org

If you are interested or would like more information, please email at coloraart@hotmail.com

Family Doodle Club

The Library Kidlington

OXFORDSHIRE COUNTY COUNCIL

Did you know that we have a family doodle club once a month?

Come and join us to relax and let your imagination fly!!

2nd Saturday of every month - 10.30am-11.30am.

Kidlington Library, Ron Groves House, 23 Oxford Rd, Kidlington, OX5 2BP

One of our core beliefs at NOX is that gymnastics should be available to everyone. If you think your child might benefit from some extra support during class, then our classes on Saturdays are the perfect opportunity to provide this.

Spend quality time with your children while allowing them to explore our interactive open-gym environment and learn some new skills.

If you are interested, visit https://www.noxgymnastics.com/.../gymnastics-taster.../ for more information or **sign up for a FREE trial!** We also have parkour sessions!

SEN SESSION

Come along and enjoy ice skating during quieter hours with a friendly team available to support on and off the ice

This session is designed for anyone with additional needs and their families/carers

Specialised equipment available

EVERY MONDAY, 1:30PM - 2:45PM

OXFORD ICE RINK, OXPENS RD, OX1 1RX

£6 PER PERSON

FIND OUT MORE:

For more information or to book:-

www.oxfordcityleisure.com/oxford-ice-rink/ice-skating/ice-skating-sessions/

Banbury

Fight Back Crew is a non-contact boxing class for children in Banbury who just need the right environment to thrive. If you're a parent and this resonates, please get in touch. Sometimes all it takes is one safe space for a child to realise their potential.

Mondays 4.30pm to 5.30pm; £5 per child

Venue - Spit 'n Sawdust Fitness & Boxing Club, 49A North Bar Street, Banbury, OX16 0TH

For more info, contact Dave by texting him - 07888 829534

The Engine Shed is a special interest group for autistic children and young people who love trains. Based in Reading, we meet at 12B Southview Park, off Marsack Street, Caversham, Reading RG4 5AF, usually on the last Saturday of the month.

Model railways and train sets for all abilities are set up and a range of train-related resources are available to play with. The Engine Shed sessions are free of charge, free snacks and drinks are provided. There is no need to book and all are welcome, including siblings and grandparents.

The sessions do tend to be split based on age but realise that with siblings etc this breakdown is not straightforward but please come to the one that suits you and your group best. We understand that not all attendees will always be within the suggested age range.

**** Saturday 26th September 2026 ****
Timings - 10 am to 12 midday: ages 10 and under
& 12 midday to 2pm: ages 11 to 17 years

To join our mailing list, email the coordinator below) or go to our Facebook group - https://www.facebook.com/theengineshed

For more information - http://www.theengineshed.org.uk/reading/ or if you would like to know more, require clarification or just want to check sessions are running before you travel, details etc then please email the Coordinator Sarah at mail@theengineshed.org.uk

Little Engines Early Years Engine Shed Group

?? Sept ??

10.00 to 11.15 am

Early years group for pre-school children who are on the autistic pathway or who would benefit from attending the group. No need to book. Just turn up. Free refreshments. Parking on nearby streets for 2 hours free.

The Engine Shed,
12b Southview Park, Caversham, Reading RG4 5AF
www.theengineshed.org.uk Find us on Facebook

For more information, please email Sarah at mail@theengineshed.org.uk

or go to our Facebook page - https://www.facebook.com/theengineshed

The Engine Shed has launched a new group, called Ramble and Rail, for young autistic adults aged 18 to 25.

It will provide opportunities to get out and enjoy the countryside, taking guided walks from railway stations in nearby parts of Oxfordshire, Surrey and Hampshire that can be reached by train from Reading.

Email Sarah at mail@theengineshed.org.uk for more information and details of forthcoming walks.

For more information, please email Sarah at mail@theengineshed.org.uk

SEN skateboarding session every Monday at 5pm in Bampton (term-time only). £12 per child (£20 for 2 siblings). No more than 4 children.

To find out more & to book, please go to the website - www.brokenboardsltd.com

SEN FRIENDLY SMALL GROUP TAE KWON DO CLASS IN THAME

- Self-defense skills
- Discipline & focus
- Physical fitness
- Fun, safe, SEN friendly environment
- 4 spaces available for ages 12-16

Building Confidence, One Kick at a Time

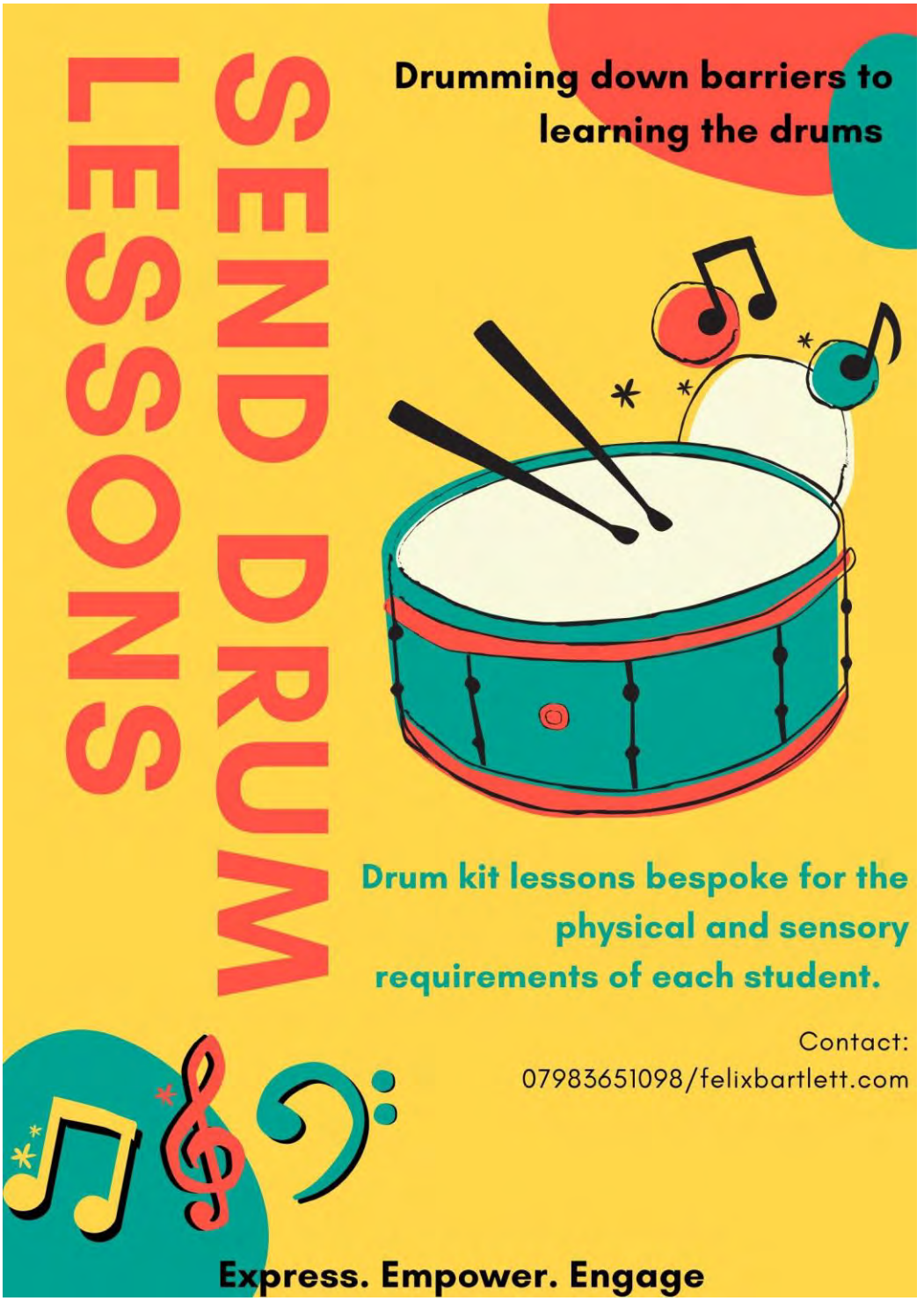
Thursdays 4.45pm-5.30pm
Contact us for a FREE TRIAL CLASS

www.bookwhen.com/bytomictkd

www.btkd.co.uk

Contact for a FREE trial class - www.btkd.co.uk
www.bookwhen.com/bytomictkd

To find out more, email us on - info@crazycrabsswimschool.co.uk



If you have any questions or would like more information, please contact Felix on 07983 651098