



Asdan Focus Programme

The aim of the Focus programme is to provide a framework of activities through which independent living, social and work-related skills can be developed and accredited.

This term the students will be starting to complete the **Using Leisure Time module**. Students will start a collection of their choice,

photograph the outside environment, learn a dance, and take part in a new craft activity and outside activities including bird watching.

Students will also be starting to complete the **Independent Living module**.

They will learn about breakfast foods and be given a chance to make their own breakfast. They will also learn about suitable picnic foods, make sandwiches, and pack them into a suitable container.

Another module they will be starting is **Meal Preparation and Cooking**.

As an introduction to this module students will revise food storage, the importance of hygiene, and kitchen safety.

Keeping Active



The focus this term will be developing their ball skills. A group of students will participate in weekly swimming and/or 'Wheels', (riding a bicycle around Horspath running track.)

During each week students are given opportunities to play team games with their friends for example boccia, kurling or skittles. Each student in the Sixth form takes part in a bespoke exercise programme. (I will let parents know about which activity your child is taking part in. Some students will join daily physiotherapy sessions.

Core subjects:

In **Maths** and **English** students will complete individualized learning related to EHCP targets. They will also be completing focus modules in numeracy and communication.

In **ICT** students will complete differentiated activities including research for accreditations and using switches to operate the equipment.

Independence life skills



Students will take part in twice-weekly cookery lessons. During these lessons they will be developing their cookery skills, learning about how to make a simple healthy snack and drink. There will be opportunities during the term for your student to take part in whole class lunch preparation.

All students will either take part in either **daily litter picking** or **housework tasks**. Litter picking will take part around the outside of the Steve Drywood building.

The housework tasks this term include learning how to vacuum, load the dishwasher and use a washing machine.

