



## Asdan Personal Progress

Asdan units are selected to best support individual preferences and are in line with their individual Education and Health plan targets. As a result, we are covering a range of units, and not everyone will be doing the same.

This term the students will be completing the units-

The students also this term will be completing the unit- **Developing self-awareness: all about me**- This includes students thinking about what makes them individual, and verbally sharing likes and dislikes of food, clothes, and activities.

Another unit they will be completing is **Engaging in new creative activities**-This includes students recognising new creative activities they can take part in. Activities include making a scrapbook, decoupage, using fabric pens to decorate a bag plus performance activities mime, and dance.

The students will also be completing the unit -**Developing independent living skills: looking after your own environment**-This includes recognising ways they can keep their own environment clean and safe



## Keeping Active

The focus this term will be developing ball skills. A group of students will participate in weekly swimming and/or 'Wheels', ( riding a bicycle around Horspath running track.) During each week students are given opportunities to play team games with their friends for example boccia, kurling or skittles. Each student in the Sixth form takes part in a bespoke exercise programme. (I will let parents know about which activity their child is taking part in. Some students will join daily physiotherapy sessions )

**Core subjects:** In **Maths** and **English** students will complete individualised learning related to EHCP targets. All learning is supported through a range of multi-sensory approaches such as photos, PECS, Objects of Reference, books, etc. We are continuing with individual targets for Communication and working with the Speech and Language Therapist on set targets. In **ICT** students will use the chrome books to research what creative activities they would like to take part in and to find pictures for their scrapbooks.



## Vocational and Independence life skills

Students will take part in twice-weekly cookery lessons. During these lessons, they will be developing their cookery skills, and learning about how to make a simple healthy snack and drink.

There will be opportunities during the term for your student to take part in whole class lunch preparation.

All students will either take part in either **daily litter picking** or **housework tasks**. Litter picking will take part around the outside of the Steve Drywood building.

The housework tasks this term include learning how to vacuum, load the dishwasher and use a washing machine.

