



Making Visits to Health Services and Annual Health Checks Work for Everyone

1st December 2020 @ 11am - 12pm

People with a learning disability often have poorer physical and mental health than other people. They can sometimes find it hard to know when they are unwell, or to tell someone about it. A health check once a year gives people time to talk about anything that is worrying them and can improve people's health by spotting problems earlier. Anyone with a learning disability over the age of 14 is entitled to an annual health check from their GP surgery **and its essential that during the current pandemic these health checks continue to be carried out.**

Some people with learning disabilities find it difficult to tolerate procedures such as vaccines or even find it hard to go to the surgery yet there is a duty to provide ways to make this easier for people (called reasonable adjustments).

In this session we will also explore what these adjustments can be and what has worked and not worked for people with learning disabilities and their families.

If you are a parent or a family carer, or support people with learning disabilities, this session is for you. Not only will we be sharing ideas and good practice, there will be a number of health professionals available to answer any health related questions. So if there is something you would like to ask please send your questions to kathy.liddell@oxfsn.org.uk by Friday 27th November.

You can book your place for the event [here](#)