



Asdan Focus Programme

The aim of the Focus programme is to provide a framework of activities through which independent living, social and work-related skills can be developed and accredited.

All lessons are skillfully differentiated to give students opportunities to complete activities relating to Numeracy, Communication, and Using transport.

This term the students will be starting to complete the **Using Leisure Time module**. Students will start a collection of their choice, photograph the outside environment, learn a dance, take part in a new craft activity and outside activities including bird watching.

Students will also be starting to complete the **Independent Living module**.

They will learn about breakfast foods and be given a chance to make their own breakfast.

They will also learn about suitable picnic foods, make sandwiches, and pack them into a suitable container.

Another module they will be starting is **Meal Preparation and Cooking**.

As an introduction to this module students will revise food storage and kitchen safety.

Horticulture module- Students will discuss what clothes are suitable for gardening as well as learning the names of tools and growing plants indoors.

Keeping Active



The focus this term will be developing throwing and catching skills. If and when COVID restrictions allow a group of students will take part in weekly swimming and or 'Wheels', (riding a bicycle around Horspath running track.) Each student in the Sixth form takes part in a bespoke exercise programme. (I will let parents know about which activity your child is taking part in). These sessions are differentiated and some students will join in with completing sensory circuits or daily physiotherapy sessions.

Core subjects:

In **Maths** and **English** students will complete individualized learning related to EHCP targets. They will also be completing focus modules in numeracy and communication.

In **ICT** students will complete differentiated activities including research for accreditations and using switches to operate the equipment.

Independence life skills



Students will take part in twice-weekly cookery lessons focusing on making sandwiches, toast, and cold drinks.

All students will either take part in either **daily litter picking** or **housework tasks**. Litter picking will take part around the outside of the Steve Drywood building.

The housework tasks this term include learning how to fold laundry, hanging up laundry on a clothes horse, wiping tables, and sweeping the classroom floor.



