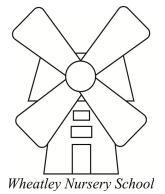


# John Watson and Wheatley Nursery Schools

Community Special and Maintained Nursery Schools - Together We Learn



## Secondary Site Bistro Lunch Menu

### Week 1

DAY	MEAT OPTION	VEGETARIAN OPTION
<b>MONDAY</b>	Chicken Molay (curry) Yellow rice Green Beans	Vegetable Molay Yellow Rice Green Beans
<b>TUESDAY</b>	Pork with Egg Noodles Wok Tossed Vegetables	Cauliflower Cheese Wok Tossed Vegetables
<b>WEDNESDAY</b>	Beef Pasta Broccoli	Tomato And Cheese Pasta Broccoli
<b>THURSDAY</b>	Chicken Tortilla Rice Vegetables	Vegetable Tortilla Rice Vegetables
<b>FRIDAY</b>	Fish and Chips Peas	Pizza and Chips Peas

### WEEK 2

DAY	MEAT OPTION	VEGETARIAN OPTION
<b>MONDAY</b>	Moroccan Style Chicken stew Couscous Broccoli	Vegetable Stew Couscous Broccoli
<b>TUESDAY</b>	Five Spice Beef Rice Sweetcorn	Tomato and Cheese Pasta Sweetcorn
<b>WEDNESDAY</b>	Roast Pork Roast Potatoes Vegetables	Roast Quorn Roast Potatoes Vegetables
<b>THURSDAY</b>	Aromatic Soy Chicken Rice Vegetables	Cheesy Mash Vegetables/Beans
<b>FRIDAY</b>	Fish and Chips Beans	Pizza Beans

Headteacher: Stephen Passey BA Hons, MA Ed, PGCE, NPQH

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**Week 3**

<b>DAY</b>	<b>MEAT OPTION</b>	<b>VEGETARIAN OPTION</b>
<b>Monday</b>	Chicken & Tomato Masala Naan Bread	Vegetable Masala Naan Bread
<b>Tuesday</b>	Cuban Style Chicken Rice Peas	Vegetable & Bean Quesadilla Rice Peas
<b>Wednesday</b>	Slow Cooked Beef Mash Potato Vegetables	Macaroni Cheese Vegetables
<b>Thursday</b>	Chicken Chilli Sweetcorn	Vegetable Chilli Sweetcorn
<b>Friday</b>	Fish and Chips Beans	Pizza Beans

**PUDDINGS**

<b>DAY</b>	<b>OPTION</b>
Monday	Hot Pudding
Tuesday	Fruit Salad
Wednesday	Yoghurt
Thursday	Fruit Salad
Friday	Hot Pudding